



SHARP News



SHARP Offers New Course *Fundamentals of HIV/STD Prevention Counseling*

SHARP now offers a course in behavioral risk reduction counseling, focusing on sexually transmitted diseases (STD) and HIV, which Navy Commands may request. This training supports clinical preventive services and the Put Prevention Into Practice (PPIP) Program. Call SHARP for more information!

Course Details:

Overview: A training program developed by the Centers for Disease Control and Prevention and conducted by the Navy Environmental Health Center, Sexual Health and Responsibility Program.

Content: Introduces students to basic counseling skills within the context of HIV and STDs. Provides students with a six-step approach to counseling individuals, which includes identification of personal risk, safer goal behaviors, and a risk reduction plan. Role-play exercises are based on STDs and HIV.

Prerequisites: Basic knowledge of HIV/AIDS/STD epidemiology and modes of transmission, prevention methods, and antibody testing are required. This course does not include an "HIV/AIDS/STD 101" component.

Target Audience: Navy Preventive Medicine Technicians and other Navy medical professionals, such as physicians, nurses, counselors, public health educators, tasked to counsel individual Sailors and Marines regarding behavioral risk reduction.

Course length: 16 hours (2 days)

Class Size (Minimum/Maximum): 10/20 students

Registration / Administrative Fees: none

Continuing Education Credit: Application is being made for approximately 16 credit hours of continuing education for nurses, physicians, social workers, and health educators.

Materials/funding to be provided by host command:

Classroom to comfortably accommodate 20 students. Desktop/tabletop space for each student is desirable. Moveable tables and chairs (vs. auditorium seating) are preferred for rearrangement during breakout sessions.

Equipment and Supplies: overhead display, screen, newsprint tablets (4) with easels (4) and markers, post-it note pads, pens, masking tape.

Services: minimal document copying, a local staff member available during the course to assist with facilities, equipment, and student support issues. Also, course advertisement locally, student sign-up and student selection.

Class Roster provided to NEHC not later than 10 days prior to class start date (to facilitate preparation of certificates and confirm class size). Please e-mail the names of students (as they want them to appear on their certificates) to macdonaldb@nehc.med.navy.mil. For each student, please indicate professional affiliation for continuing education credits.

TAD Funding: travel and per diem for SHARP Instructors

To be Provided by NEHC: Instructors, teaching materials, and student workbooks.

Sexual Health and Responsibility Program (SHARP)

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